

Table of Contents

Journal of Metabolic Health

ISSN: 2960-0391 (online)

Vol 6, No 1 (2023)**Editorial****1**

Metabolic health: A new frontier

Caryn Zinn

Journal of Metabolic Health | Vol 6, No 1 | a92 | 27 December 2023

Review**3**

Sodium restriction and insulin resistance: A review of 23 clinical trials

James J. DiNicolantonio, James H. O'Keefe

Journal of Metabolic Health | Vol 6, No 1 | a78 | 14 March 2023

Correction**12**

Corrigendum: Look in or book in: The case for type 2 diabetes remission to prevent diabetic retinopathy

John Cripps, Mark Cucuzzella

Journal of Metabolic Health | Vol 6, No 1 | a85 | 30 November 2023

Review**13**

Look in or book in: The case for type 2 diabetes remission to prevent diabetic retinopathy

John Cripps, Mark Cucuzzella

Journal of Metabolic Health | Vol 6, No 1 | a79 | 11 April 2023

Original Research**20**

Effects of brisk walking on fasting blood glucose and blood pressure in diabetic patients

Bridgette Opoku, Caroline R. de Beer-Brandon, Jonathan Quartey, Nombeko Mshunqane

Journal of Metabolic Health | Vol 6, No 1 | a77 | 23 February 2023

Original Research**27**

Animal-based ketogenic diet puts severe anorexia nervosa into multi-year remission: A case series

Nicholas G. Norwitz, Michelle Hurn, Fernando Espi Forcen

Journal of Metabolic Health | Vol 6, No 1 | a84 | 14 June 2023

Clinical Audit**35**

The application of carbohydrate-reduction in general practice: A medical audit

Marcus A. Hawkins, Caryn Zinn, Christine Delon

Journal of Metabolic Health | Vol 6, No 1 | a86 | 08 December 2023

Reviewer Acknowledgement**46**

Acknowledgement to reviewers

Editorial Office

Journal of Metabolic Health | Vol 6, No 1 | a91 | 24 November 2023